

Pos	No	First Name	Surname	Club	Cat	Time
1	17	Riddell	Ben	Salford Harriers & AC	MOpen	00:36:14
2	2	Sally	Addison	Eden Runners	FOpen	00:41:37
3	27	Simon	Mounsey	Howgill Harriers	MV50	00:42:17
4	24	John	Williams	Eden Runners	MV50	00:42:49
5	16	Chris	Phelan	Eden Runners	MV60	00:43:01
6	39	George	Campbell	Howgill Harriers	MOpen	00:45:26
7	31	Rhys	Beddoe	Howgill Harriers	MOpen	00:46:44
8	6	Karen	Bridge	Eden Runners	FV50	00:47:24
9	33	Alan	Barr	Howgill Harriers	MV50	00:48:14
10	1	Emily	Abbey	Swaledale Road Runners	FV40	00:48:30
11	37	Jonathan	Downing	Howgill Harriers	MV40	00:50:12
12	18	David	Roper	Howgill Harriers	MV60	00:50:27
13	32	Sarah	Brennand	Eden Runners	MOpen	00:51:25
14	22	Laura	Tunstall	UA	FOpen	00:52:50
15	35	Robin	Haywood	Howgill Harriers	MV50	00:53:05
16	11	Susan	Keefe	Howgill Harriers	FV40	00:54:35
17	9	Carl	Hill	UA	MOpen	00:56:42
18	20	Catherine	Simpson	Howgill Harriers	FV50	00:57:04
19	10	Cerys	Hill	UA	FOpen	00:57:16
20	7	Robin	Day	Howgill Harriers	MV60	00:57:26
21	26	Angela	Barnes	UA	FV40	00:58:00
22	29	Rachael	Gowing	UA	FOpen	00:58:47
23	4	Daniel	Anderton	Howgill Harriers	MOpen	01:00:28
24	36	Gemma	Dobson	UA	FOpen	01:00:46
25	15	Marcel	Opoku-Owu	Orchard Eagles Running Club	MV40	01:00:56
26	25	Jim	Fisher	Howgill Harriers	MV60	01:01:35
27	5	Liz	Baranov	UA	FV50	01:02:23
28	38	Rebecca	Alderson	UA	FOpen	01:03:27
29	19	Tim	Sawyer	Howgill Harriers	MV60	01:04:34
30	21	Graeme	Stott	Howgill Harriers	MV50	01:04:39
31	34	Adrian	Verity	Howgill Harriers	MV50	01:04:55
32	28	Jenny	Mounsey	Howgill Harriers	FOpen	01:08:45
33	3	Beth	Anderton	Howgill Harriers	FOpen	01:12:02
34	8	Rachel	Haywood	Howgill Harriers	FV50	01:16:22
35	30	Pete	Mitchell	Kendal AC	MV70	01:16:31